

**TITLE:**

The using of activating teaching methods in the teaching subject of Health Education

**AUTHOR:**

Bc. Kamila Malinová, DiS.

**DEPARTMENT:**

Pedagogy Department

**SUPERVISOR:**

PaedDr. Eva Marádová, CSc.

**ABSTRACT:**

The diploma thesis deals with the use of activating teaching methods in health education lessons. In its theoretical part, the thesis defines the concept of the teaching method, draws attention to the function of teaching methods in class, and presents a classification of methods of individual authors while providing a deeper insight into the activating methods that are first introduced in the historical context and then attention is paid to their benefits as well as drawbacks, the positive contribution of these methods in the educational process and, last but not least, the activating teaching methods are compared with the traditional methods. Individual activating teaching methods are then examined in more detail. The conclusion of the theoretical part is dedicated to the integration of health education into the Framework Educational Programme for primary and lower secondary schools.

The aim of the practical part is to identify what the limiting as well as the motivating factors are for teachers in using the activating teaching methods during health education classes with second grade pupils of Prague primary schools. To verify this aim, the method of qualitative interview is used with the subsequent questionnaire survey. The research survey found that the motivating factor for teachers particularly is the positive feedback received from pupils during the class in which activating teaching methods are used. On the other hand, factors that teachers most often find limiting is the absence of a suitable classroom offering open space without desks that would allow greater use of the activating teaching methods. The final part of the practical section includes a data bank of ideas aimed at activating pupils during health education lessons.

**KEYWORDS:**

teaching method, activating teaching method, Health Education